

# Information session: May 2024

## Community Wellness and Suicide Prevention Grants



Northern Queensland Primary Health Network

Torres and Cape | Cairns | Townsville | Mackay

# Acknowledgement of Country

NQPHN acknowledges the Traditional  
Custodians of the lands and seas on which we  
live and work and pay our respects to Elders past  
and present.



# Lived Experience

We acknowledge the lived experience of those with mental illness, those impacted by suicide or substance use, and those in crisis, and the contribution support persons and staff make to their recovery. The strength, resilience, and compassion they demonstrate is at the heart of the work we do and a constant inspiration.





# Overview

- Housekeeping.
- Introduction to Northern Queensland Primary Health Network (NPQHN).
- Probity considerations for this grant process.
- Why community wellness and suicide prevention?
- Overview of the two types of grants.
- Documentation and application process.

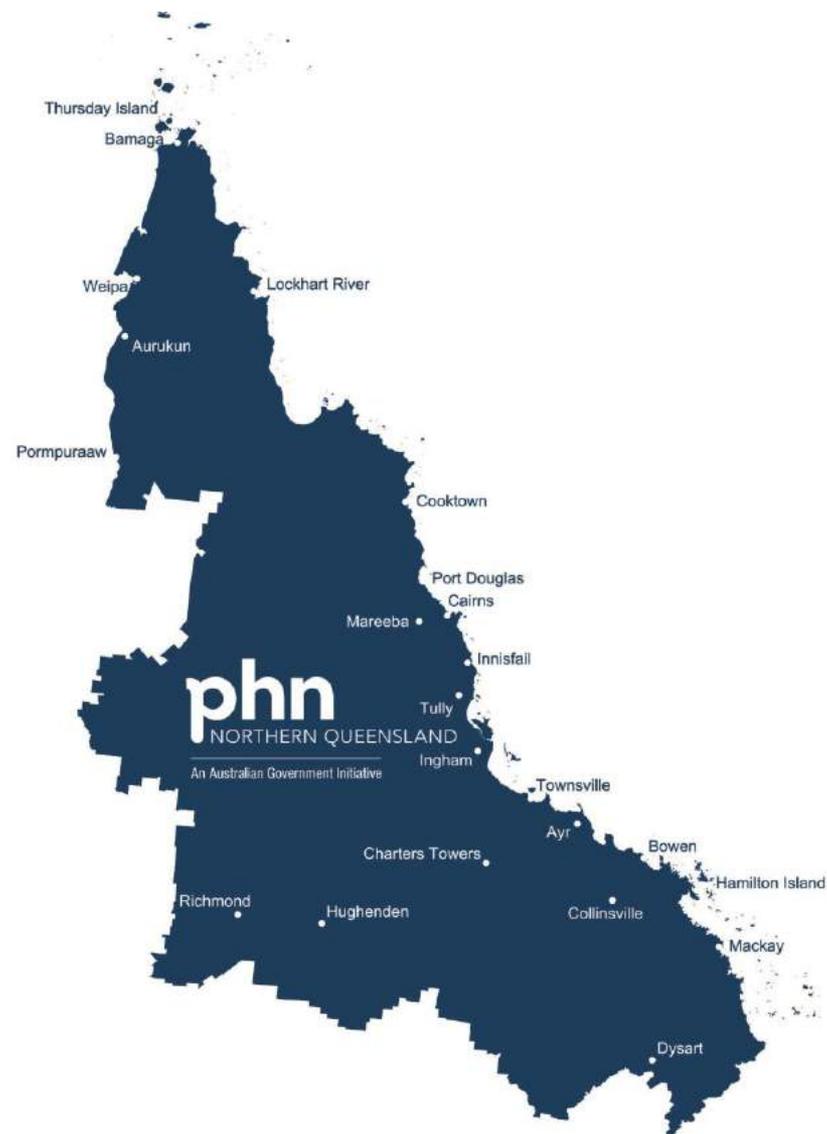


# Housekeeping

- These information sessions are being delivered to provide an overview of NPQHN's Community Wellness and Suicide Prevention Grants program.
- We're recording the sessions to ensure we can accurately record questions and answers.
- The recordings will not be distributed.
- The Q&A and a copy of these slides will be emailed to all people who have registered for these grants.
- Our last information session is Wednesday 8th May – any questions taken on notice or emailed in – will be answered together and those answers will be distributed via email to all registered.

# About Northern Queensland Primary Health Network (NQPHN)

- One of 31 PHNs across Australia.
- Funded by the federal Department of Health and Aged Care.
- Regionalised and independent organisation with three core functions:
  - **Coordinating** and integrating local health care services in collaboration with hospital services
  - **Commissioning** primary healthcare and mental health services
  - **Capacity-building** and providing practice support to GPs and other primary care providers.





# Probity considerations

ArcBlue have been engaged as an independent probity adviser.

## Application Form

- Please review the application forms to determine which one you are best suited to apply for
- Ensure that you carefully fill the form in and complete all information required
- Fully inform yourself to ensure your response meets all the requirements.

## Communications

- All communication are to be via the [grants@nqphn.com.au](mailto:grants@nqphn.com.au) address – **please don't reach out to NQPHN staff.**
- Responses to questions in the Information Sessions and any other clarifications asked will be documented by NQPHN and communicated to all registered Respondents every 2-3 business days.
- The grant documents and the Q&As are the single source of information to be considered in your response.
- Don't rely on any other documents, instructions or information.

# Why community wellness and suicide prevention?



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## Systems-based & community-based suicide prevention

- Not about traditional service delivery.
- NQPHN takes a systems and community-based approach to suicide prevention through two inter-related programs of work.

Suicide Prevention  
Community Action  
Planning

Targeted Regional  
Initiatives for Suicide  
Prevention (TRISP)



# Why community wellness and suicide prevention?

- TRISP supports local activities that address the unique risk factors associated with suicide prevention in our region. There is a link on the website to the national TRISP guidelines.
- The objective of Community Wellness and Suicide Prevention Grants program is to empower regional, rural, and remote communities to:
  1. **Build capability and capacity** to undertake community-based suicide prevention activities, for example, identifying and responding early to distress or providing appropriate community responses to distress
  2. **Raise awareness and innovation** for suicide prevention and aftercare following a suicidal crisis, and encourage help seeking behaviours
  3. **Take a preventative approach** to reduce risk factors for distress and suicide in the local community.
- Projects should primarily benefit those living in **regional, remote, and rural communities**:
  - **A regional area** includes the towns and small cities outside of the major capital cities
  - **A rural area** sits outside a regional centre but is within a few hours' drive.
  - **A remote area** is a township far removed from a major capital or regional centre

# Overview of the two types of grants



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## What NQPHN is aiming to achieve?

- We anticipate up to 15 Grants will be awarded across our footprint.
- Grants will be awarded in value **up to** \$50,000.
- Any one organisation can apply for up to 4 Grants of any type maximum.
- Any one organisation can apply maximum of one application of any type per district i.e. Cape & Torres, Cairns & Hinterland, Townsville Region or Mackay Region.
- Please submit separate MS Forms & Abode PDF applications each.



## Two grant options

### **Project Ready**

- Grants for organisations and groups that are established in their communities and have a project ready initiative developed and ready to be activated.

### **Project Pitch**

- Grants for organisations and groups that have a working concept or idea for a community initiative but who need support and capacity building to be project ready.
- The idea could be as broad as activities that reduce stigma, local sporting clubs engaging with their members in meaningful ways, neighbourhood centres providing drop in options for people have a challenging time in their life, and everything in between!



## Who is eligible to apply?

- Organisations must:
  - Have an existing presence in the NQPHN region
  - Be incorporated, hold an ABN, have a separate bank account for the organisation, and be registered for GST
  - Hold public liability, professional indemnity and workers compensation or equivalent insurances.
- If you don't meet these requirements, you may still be able to apply under an auspicing or partnership arrangement with another organisation.

Applications are particularly welcomed from organisations:

- With an on-ground presence in regional, rural, and remote areas
- Who may not traditionally work in suicide prevention or mental health, but who have strong community connections and a commitment to improving community wellness and preventing suicide.



## Eligible organisations could include, but are not limited to:

- Local businesses of all sizes
- Industry peak bodies and advocacy bodies (e.g. agriculture, manufacturing, unions)
- Professional associations and professional membership bodies (e.g. Chamber of Commerce)
- Schools, Registered Training Organisations, Universities and TAFE)
- Service and recreational clubs (e.g. sports clubs, arts organisations, music groups, special interest clubs)
- Volunteer organisations
- Community-focused for-profit and not-for-profit organisations
- Existing partnerships and consortia (must have a designated lead organisation, at least one member with an on-the-ground presence in the community where the initiative will be delivered, and agreement that all members will formalise a Memorandum of Understanding or similar document to clarify roles and responsibilities, if successful)
- Local government.



## Who's ineligible?

- State and federal government departments, agencies, corporations, and statutory authorities, except for schools, some government owned corporations and local governments.
- Organisations that have licensed gaming machines in their facilities.

- For-Profit organisations are welcome to apply, but their relationship with community organisations and groups are essential.
- Organisations outside of the northern Queensland region must have a local partner to participate.



## What can the funding be used for?

The following are examples, rather than an exhaustive list.

- Staffing hours, including casual employment.
- Payment to a sub-contractor (NQPHN must approve the sub-contractor).
- Reimbursing volunteers or providing participation gifts (that can be acquitted).
- Paying lived experiencing representatives for their time and travel.
- Activity expenditure.
- Training.
- Travel, where directly relevant to the grant activity.
- Workshops and associated costs (e.g. Speaker fees, hiring AV or IT equipment, marketing).
- Costs associated with evaluation or research.
- Developing outputs such as website content or publications.



## What can the funding **not** be used for?

- Activities that are already funded through other mechanisms, or activities or salaries not directly related to the project or initiative.
- Capital works.
- Purchasing equipment, vehicles, plant, or office hardware.
- Direct service provision to community members unless you can clearly demonstrate how service provision will be sustained beyond the life of this grant funding.
- Sponsorship of a discrete event or activity that is not able to demonstrate a sustainable impact.
- What is discouraged is once off activities, expenditure on non-specific merchandise that has no **sustainable** benefit to the community.

*Example: If event/s are part of your project, then certain supporting elements could be funded e.g. training of the volunteers to run the event.*



## Project Ready – who should it be focused on?

Consultation has identified 11 specific population groups and project ready grants should be focused on at least one of these:

- Aboriginal and Torres Strait Islander peoples.
- LGBTQIA+SB people.
- Culturally and linguistically diverse communities and refugees.
- People experiencing homelessness or housing instability.
- Children and young people, including those in out of home care.
- Older Australians (over 65, or over 50 for Aboriginal and Torres Strait Islander peoples).
- People living in regional, rural, and remote areas of Australia.
- People experiencing or at risk of abuse and violence, including sexual abuse, neglect and family and domestic violence.
- People with a disability.
- Australian Defence Force members and veterans.
- People experiencing socioeconomic disadvantage.



## Project Ready Grants – Points of Difference

- This type of grant recognises that there are pre-existing or well-formed projects plans already developed within our region.
- We therefore anticipate a fully formed plan has already taken into account the consultations required to progress with the community.
- We are asking you to consider any of the priority population groups in terms of directly, specifically targeted or inclusively. Mindful this is about collective impact.

**Key Requirement:** If successful, project delivery must commence between July and September 2024.

Key Word : **Scope** – let's unpack that term.



## Project Pitch – what should it be focused on?

- In 2023, Suicide Prevention Australia produced the Socio-Economic and Environmental Determinants of Suicide paper. 19 of the 22 determinants are applicable, and Project Pitch grants should be targeted to at least one of these.

Bullying and harassment

Food insecurity

Chronic pain and health conditions

Harms of alcohol and other drugs

Contact with the justice system

Harms of gambling

Damage to cultural continuity/connection

Housing insecurity and homelessness

Discrimination and stigma

Impacts of adverse childhood experiences

Domestic, family, and sexual violence

Impacts of traumatic events

Educational disruption

Intergenerational/transgenerational trauma

Employment distress

Isolation

Family and other relationship dysfunction

Loneliness

Financial distress



## Project Pitch Grants – Points of Difference

- This type of grant recognises that there are great ideas and innovations that often don't get established due to organisational or project readiness. This further impacts time poor organisations especially those led and managed by volunteers.
- Applicants are agreeing to work with NQPHN and organisational coaches that we will fund to develop up their project scope and organisational readiness.
- What might be required could be different for each successful applicant but could be related to:
  - **Operationalise** – How to cost out the aspects required to make the idea deliverable and/or
  - **Governance** – How to get the right support and steering group to realise a proposal and/or
  - **Capability** – How do I describe my organisation and its workforce is able to run this project.
- Projects must be ready to commence from October 2024.
- Key Word : **Governance** – let's unpack that term.

# Accessing the grant documents



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# NQPHN's website

The screenshot displays the NQPHN website interface. At the top left is the logo for 'phn NORTHERN QUEENSLAND An Australian Government Initiative'. The top navigation bar includes 'TENDERS 3', 'NEWS', and 'NEWSLETTERS'. A secondary navigation bar contains 'Coronavirus', 'About us', 'Healthcare professional', 'Commissioning', and 'Contact us'. The 'Commissioning' menu is highlighted with a blue circle. Below this, a list of commissioning topics is shown, with 'Community wellness and suicide prevention grants' and 'Suicide prevention' highlighted by blue circles. On the left side, there are two featured sections: 'Education opportunities for healthcare providers' with an image of a pharmacist, and 'Resource library' with an image of hands typing on a laptop. At the bottom right, there is an accessibility icon labeled 'AA'.

**phn**  
NORTHERN QUEENSLAND  
An Australian Government Initiative

TENDERS 3 NEWS NEWSLETTERS

Coronavirus About us Healthcare professional **Commissioning** Contact us

What is commissioning? → Community wellness and suicide prevention grants

Commissioning for First Nations →

Commissioning priorities and projects →

Commissioned services →

Current procurements →

Contract management →

Primary Care Commissioning Panel →

**Suicide prevention** →

**Education opportunities for healthcare providers**

**Resource library**

AA

SUICIDE PREVENTION

# Community wellness and suicide prevention grants

Home » Commissioning » Suicide prevention » Community wellness and suicide prevention grants [Share](#) [Print](#) [AA](#) [-](#) [+](#)

## Northern Queensland Primary Health Network (NQPHN) is excited to release a round of grants focused on community wellness and suicide prevention.

Throughout 2023 and 2024, NQPHN facilitated a broad community consultation process across the northern Queensland region. More than 250 people attended a range of online and face to face sessions.

Through these consultations, examples of a wealth of successful programs and initiatives that focused on community wellness and suicide prevention emerged. These programs, often started at the grassroots level and not labeled as "mental health", "wellness", or "suicide prevention" initiatives, demonstrated clear contribution to, and impact on, these crucial areas. It was evident that many of these could be even more effective with additional funding and support.

Additionally, we heard about promising programs from other parts of Queensland and even beyond that could be adapted and implemented in our region.

Based on what we heard through the consultations, NQPHN is releasing a grants round for community-based organisations who have a project or initiative they want to develop and/or deliver within their community focused on community wellness and suicide prevention.

Community-based organisations can apply for grants through two different processes:

### Suicide prevention

→ [Community wellness and suicide prevention grants](#)

### Resources

[Socio-economic and Environmental Determinants of Suicide](#)

[Priority populations](#)

[Application form A: Project Ready - Community Wellness and Suicide Prevention G...](#)

[Application form B: Project Pitch - Community Wellness and Suicide Prevention G...](#)

# Scroll down

Project Ready Grants	▼
Project Pitch Grants	▼
What's not in scope for the grants?	▼
Learn more about community wellness?	▼
Learn more about suicide prevention?	▼
Who are the priority communities?	▼
What are the social determinants of suicide?	▼
What is lived experience and why is it important?	▼

# Project Ready Grants

## Project Ready Grants



We are seeking applications from eligible organisations and community groups that are established in their communities and have a project ready initiative already developed and ready to be activated.

All applicants must clearly be able to demonstrate:

- » How they relate to at least one priority population
- » That the project is ready to commence between July and September 2024
- » How they have engaged with people with a lived experience of suicide in the development of their project or initiative.

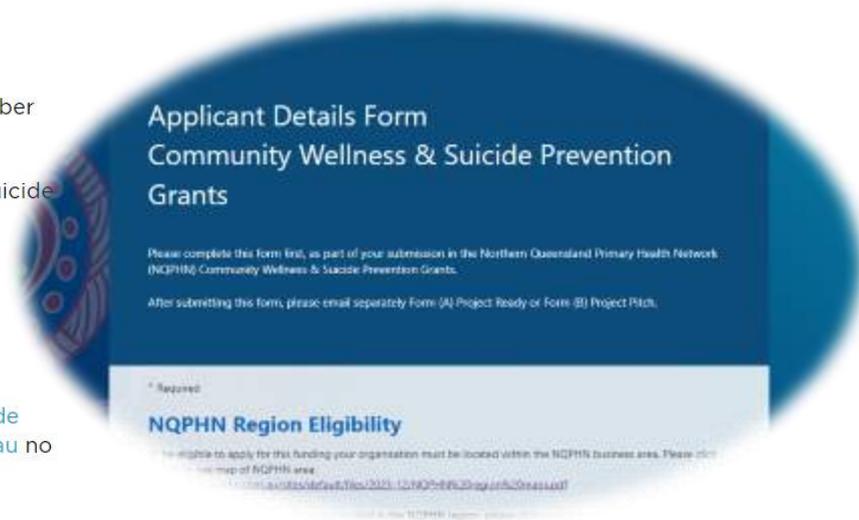
### Interested in applying?

Register your interest [here](#) to be kept up to date on the grants.

Register for one of three information sessions [here](#).

**Complete Form A: Application Form: Community Wellness and Suicide Prevention Grants – Project Ready** and send it to [grants@nqphn.com.au](mailto:grants@nqphn.com.au) no later than **12pm, Monday 13 May**.

Late applications will not be accepted.



# Project Pitch Grants

## Project Pitch Grants



We are seeking applications from eligible organisations and community groups that have a working concept or idea for a community initiative but who need support and capacity building to be project ready. The idea could be as broad as activities that reduce stigma, local sporting clubs engaging with their members in meaningful ways, neighbourhood centres providing drop in options for people have a challenging time in their life, and everything in between!

All applications must clearly demonstrate:

- » How they address at least one of the [social determinants](#) of suicide.

### Interested in applying?

Register your interest [here](#) to be kept up to date on the grants.

Register for one of three information sessions [here](#).

**Complete Form B:** [Application Form: Community Wellness and Suicide Prevention Grants – Project Pitch](#) and send it to [grants@nqphn.com.au](mailto:grants@nqphn.com.au) no later than **12pm, Monday 13 May**.

Late applications will not be accepted.



# Completing and submitting your application



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# Completing and submitting your application

- On the PHN's website:
  - Register your interest to be kept up to date on the grants
  - Complete either:
    - Form A – Project Ready
      - Form B – Project Pitch
  - Email it to [grants@nqphn.com.au](mailto:grants@nqphn.com.au).
- Applications close **12pm QLD Time**, Monday 13 May.
- Late applications will not be accepted.

# What happens next?



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## What happens next?

- A grant assessment panel made up of NQPHN team members and external representatives will independently assess all applications.
- The panel then meets to discuss applications.
- It is anticipated that:
  - Short-listed applicants will be contracted by the end of May
  - Successful applicants will sign a contract with NPQHN and receive their first payment **before 30 June 2024**.

# The two pathways: Project **Ready** Applications



# The two pathways: Project **Pitch** Applications





## What will happen if I am successful?

- Projects/ initiatives start and finish as early as they need to.
- Contracts and first payment will occur before 30 June 2024.
- To assist with progressing to a signed contract, a formal meeting with NQPHN will occur and further information will be requested regarding our Due Diligence process.
- All projects must be finished by 30 June 2025.
- It's important to consider ways of evaluating / story telling along the way.
- The outcomes and learnings from all funded projects are considered for the public domain.
  - All funded projects will be required to share project learnings and outcomes broadly to inform:
    - Suicide Prevention Community Action Planning (SPCAPs) local directions
    - The Northern Queensland Joint Regional Wellbeing Plan process
    - Any interested stakeholder.



## What if I'm not successful?

- There is a limited pool of funds for these grants.
- Accordingly, if you're unsuccessful it doesn't necessarily mean your idea or project is a poor one.
- Depending on the number of applicants received and the outcomes, NQPHN may consider funding group coaching and capacity building for **unsuccessful applicants, building their capability apply for other sources of funding.**

Which may assist with:

- Grant writing skills
- Applying for other funding opportunities
- Sharpening your project or idea scope and ways of evaluating.

**Key Message:** regardless of success, it is our intention to support innovation and capacity building within our regions

# Questions?



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