Torres and Cape Hospital and Health Service

Professional Development Conference

for Aboriginal and Torres Strait Islander Health Workers and Health Practitioners

Bamaga	Horn Island	Cairns
8.00am to 5.00pm Tuesday 15 April and Wednesday 16 April	8.00am to 5.00pm Wednesday 11 June and Thursday 12 June	8.00am to 5.00pm Wednesday 25 June and Thursday 26 June
Cape York Peninsula Lodge Corner Lui & Adidi Streets Bamaga 4876	Wongai Beach Hotel 2 Wees Street Horn Island 4875	The Benson Hotel 50 Grafton Street Cairns 4870

Conference enrolments are fully funded by Torres and Cape Hospital and Health Service and places are strictly limited. Registration is essential prior to attending.



To apply, click <u>HERE</u> or scan the QR code with your phone.



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Need help to register? Call us on 1300 855 568 and one our team can enrol you over the phone.

Benchmarque



Benchmarque Group Pty Limited (RTO No. 21824)

101 Cremorne Street, Wurundjeri Country Cremorne, Victoria 3121 P | 1300 855 568 E | <u>courses@benchmarquegroup.com.au</u> W | <u>benchmarquegroup.com.au</u>

Torres and Cape Hospital and Health Service

Professional Development Conference

for Aboriginal and Torres Strait Islander Health Workers and Health Practitioners

Join us at our Professional Development Conference for Aboriginal and Torres Strait Islander Health Workers and Health Practitioners.

Torres and Cape Hospital and Health Service (TCHHS) and Benchmarque Group are proud to deliver a two-day in-person professional development opportunity for Aboriginal and Torres Strait Islander Health Workers, Aboriginal and Torres Strait Islander Health Practitioners, and others providing health services for First Nations clients in Northern Queensland.

The two-day program provides 12 hours of CPD.

The purpose of the event to deliver a blend of practical based workshops on a range of key topics including Chronic Disease Care Planning, Paediatric Immunisation and Health Promotion, Skin Health Screening and Assessment and Rheumatic Heart Disease Screening and Assessment.

The very first session of the day will be focused on Motivational Interviewing and exploring how and why people change, and the role of motivational interviewing in facilitating behaviour change in a health setting and empowering our patients to make their own health decisions. This framework will be used throughout the two-day conference to develop fluency with the core principles and processes of Motivational Interviewing and apply key interpersonal and communication skills that underpin Motivational Interviewing.

Through interactive workshops and reflective exercises, you'll master key Motivational Interviewing techniques and adopt mindfulness practices to foster empathy, reduce burnout, and maintain resilience in your role.

For further information, please contact us on 1300 855 568.

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