




Psychological Therapies in Residential Aged Care Homes providers

From 28 October 2024, Northern Queensland Primary Health Network (NQPHN) will implement an expanded model of Psychological Therapies in Residential Aged Care Homes (RACH) services across the greater Cairns, Townsville, and Mackay regions, including rural areas.

If you have an existing referral process with a psychological therapy provider, please continue to use that process or contact the allocated provider for the specific RACH.

You can also refer via the Head to Health Phone Service

-  Phone 1800 595 212
-  Email h2h-nqld@pccs.org.au
-  eFax (07) 4088 1804.

Cairns residential aged care home allocations

	Service Provider	Key contact and role	Email
Cairns Regional Council			
Blue Care Hollingsworth Elders Village	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Bolton Clarke Farnorha	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Bupa Aged Care Mooroolooloolo Cairns	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Bupa Mount Sheridan	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Edge Hill Orchards Aged Care Facility (Infinite Care)	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Infinite Aged Care - Edmonton	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Infinite Care - Caravonica Waters	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Kewarra Aged Care	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Mercy Place Westcourt	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Pyramid Residential Care Centre	Breathe Easy	Kellie Myers Owner	info@breatheeasy counselling.com.au
Regis Aged Healthcare - Redlynch	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Regis Aged Healthcare -Whitfield	Judith Groube	Judith Groube Owner	judith.groube@outlook.com



NQPHN acknowledges the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. We also pay our respect to their Elders past, present, and emerging as the custodians of knowledge and lore.



	Service Provider	Key contact and role	Email
Cassowary Coast Regional Council			
Tully & District Nursing Home	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Warrina Innisfail	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Douglas Shire			
Kubirri Aged Care Centre	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Ozcare Port Douglas	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Mareeba Shire			
Blue Care Mareeba Aged Care Facility	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Tablelands Regional Council			
Carinya Home For The Aged	Breathe Easy	Kellie Myers Owner	info@breatheeasy counselling.com.au
Mount Kooyong Nursing Home - Port Douglas	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Ozcare Malanda	Breathe Easy	Kellie Myers Owner	info@breatheeasy counselling.com.au

Townsville residential aged care home allocations

	Service Provider	Key contact and role	Email
Burdekin Shire			
Regis Aged Care Ayr	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Regis Home Hill	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Charters Towers Regional Council			
Dalrymple Villa	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Eventide Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Hinchinbrook Shire			
Blue Care Bluehaven Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Churches of Christ Care - Palms Aged Care Service	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Churches of Christ Care - Rockingham Aged Care	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au

Ozcare Magdalene Villa Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Townsville City			
Arcare North Shore Aged Care	Achieving Change	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Blue Care Shalom Elders Village	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Blue Care Townsville Mount Louisa Aged Care Facility	Achieving Change	Amanda Kruger Manager	hello@achievingchange.com.au
Bolton Clarke Glendale	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Bolton Clarke, Rowes Bay - Townsville Residential Aged Care	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Carinity Fairfield Grange	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Loreto Nursing Home	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Ozcare Villa Vincent	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Parklands Residential Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Regis Kirwan	Create Psychology	Darran Smith Owner	hello@createpsychologynq.com
St Vincent's Aged Care Services Douglas	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
The Good Shepherd Home	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
	Achieving Change	Amanda Kruger Manager	hello@achievingchange.com.au

Mackay residential aged care home allocations

	Service Provider	Key contact and role	Email
Mackay Regional Council			
Blue Care Homefield Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Francis of Assisi Home	CARE4MH	Rhonda Robinson Owner / Mental Health Nurse Practitioner	Rhonda@care4mh.com

	Service Provider	Key contact and role	Email
Glenella Care	Kelly Health	Tania Kelly Owner / Nurse practitioner and credentialed mental health nurse	tania@kellyhealth.com.au
Good Shepherd Lodge	CARE4MH	Rhonda Robinson Mental Health Nurse Practitioner	Rhonda@care4mh.com
Kerrisdale Gardens	CARE4MH	Rhonda Robinson Owner / Mental Health Nurse Practitioner	Rhonda@care4mh.com
Nanyima Aged Care Inc.	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Ozcare Sarina Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Ozcare St Elizabeth Villa Aged Care Facility	CARE4MH	Rhonda Robinson Owner / Mental Health Nurse Practitioner	Rhonda@care4mh.com
Resthaven on Quarry	CARE4MH	Rhonda Robinson Owner / Mental Health Nurse Practitioner	Rhonda@care4mh.com
Whitsunday Regional Council			
Bolton Clarke - Cunningham Villas	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Murroona Gardens	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Proserpine Nursing Home Inc.	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au