




Psychological Therapies in Residential Aged Care Homes providers

From 28 October 2024, Northern Queensland Primary Health Network (NQPHN) will implement an expanded model of Psychological Therapies in Residential Aged Care Homes (RACH) services across the greater Cairns, Townsville, and Mackay regions, including rural areas.

If you have an existing referral process with a psychological therapy provider, please continue to use that process or contact the allocated provider for the specific RACH.

You can also refer via the Head to Health Phone Service

-  Phone 1800 595 212
-  Email h2h-nqld@pccs.org.au
-  eFax (07) 4088 1804.

Townsville residential aged care home allocations

	Service Provider	Key contact and role	Email
Burdekin Shire			
Regis Aged Care Ayr	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Regis Home Hill	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Charters Towers Regional Council			
Dalrymple Villa	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Eventide Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Hinchinbrook Shire			
Blue Care Bluehaven Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Churches of Christ Care - Palms Aged Care Service	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Churches of Christ Care - Rockingham Aged Care	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Ozcare Magdalene Villa Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au



NQPHN acknowledges the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. We also pay our respect to their Elders past, present, and emerging as the custodians of knowledge and lore.





Townsville City			
Arcare North Shore Aged Care	Achieving Change	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Blue Care Shalom Elders Village	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Blue Care Townsville Mount Louisa Aged Care Facility	Achieving Change	Amanda Kruger Manager	hello@achievingchange.com.au
Bolton Clarke Glendale	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Bolton Clarke, Rowes Bay - Townsville Residential Aged Care	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Carinity Fairfield Grange	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Loreto Nursing Home	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Ozcare Villa Vincent	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Parklands Residential Aged Care Facility	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Regis Kirwan	Create Psychology	Darran Smith Owner	hello@createpsychologynq.com
St Vincent's Aged Care Services Douglas	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
The Good Shepherd Home	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
	Achieving Change	Amanda Kruger Manager	hello@achievingchange.com.au

