




Psychological Therapies in Residential Aged Care Homes providers

From 28 October 2024, Northern Queensland Primary Health Network (NQPHN) will implement an expanded model of Psychological Therapies in Residential Aged Care Homes (RACH) services across the greater Cairns, Townsville, and Mackay regions, including rural areas.

If you have an existing referral process with a psychological therapy provider, please continue to use that process or contact the allocated provider for the specific RACH.

You can also refer via the Head to Health Phone Service

-  Phone 1800 595 212
-  Email h2h-nqld@pccs.org.au
-  eFax (07) 4088 1804.

Cairns residential aged care home allocations

	Service Provider	Key contact and role	Email
Cairns Regional Council			
Blue Care Hollingsworth Elders Village	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Bolton Clarke Farnorha	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Bupa Aged Care Mooroolooloolo Cairns	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Bupa Mount Sheridan	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Edge Hill Orchards Aged Care Facility (Infinite Care)	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Infinite Aged Care - Edmonton	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Infinite Care - Caravonica Waters	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Kewarra Aged Care	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Mercy Place Westcourt	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Pyramid Residential Care Centre	Breathe Easy	Kellie Myers Owner	info@breatheeasy counselling.com.au
Regis Aged Healthcare - Redlynch	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Regis Aged Healthcare -Whitfield	Judith Groube	Judith Groube Owner	judith.groube@outlook.com



NQPHN acknowledges the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. We also pay our respect to their Elders past, present, and emerging as the custodians of knowledge and lore.



	Service Provider	Key contact and role	Email
Cassowary Coast Regional Council			
Tully & District Nursing Home	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Warrina Innisfail	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Douglas Shire			
Kubirri Aged Care Centre	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Ozcare Port Douglas	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Mareeba Shire			
Blue Care Mareeba Aged Care Facility	Judith Groube	Judith Groube Owner	judith.groube@outlook.com
Tablelands Regional Council			
Carinya Home For The Aged	Breathe Easy	Kellie Myers Owner	info@breatheeasy counselling.com.au
Mount Kooyong Nursing Home - Port Douglas	North and West Remote Health	Phil Ihme Executive Manager Health and Wellbeing Services	Phil.Ihme@nwrh.com.au
Ozcare Malanda	Breathe Easy	Kellie Myers Owner	info@breatheeasy counselling.com.au