

INVITATION: GPs and Psychologists

Mood and Mind Medley Rotating Dinner Discussions



Thursday, October 10 2024
(5.30pm arrival) 6.00pm - 9.15PM



Jam
1 Palmer Street, South Townsville



Aurora Townsville Private Clinic invite you to join us for an evening of informal rotational dinner discussions. Bring along your challenging case studies for interactive discussions and collaborative learning.

Topics and Presenters



The Invisible Wounds: Addressing Depression and Anxiety in the Defence Force and First Responder Communities

Dr Jane Hay
Psychiatrist

Learning Objective: Identify the mental health needs of military personnel, focusing on evidence-based strategies to enhance resilience and effectively manage conditions such as PTSD, depression, and anxiety



The Silent Struggle: Understanding Anxiety and Depression During Perimenopause

Dr Katie Boles
Psychiatrist

Learning Objective: Identify and understand the unique psychological and physiological challenges associated with anxiety and depression during perimenopause.



Treatment Resistant Depression and the role of Transcranial Magnetic Stimulation (rTMS)

Dr Ian Thorburn
Psychiatrist

Learning Objective: Discuss when depression may be Treatment-Resistant (TRD) and understand the role of Transcranial Magnetic Stimulation (TMS) and when patients could benefit.

Private Mental Health Care: Inpatient, Day Programs & WorkCover Referral Pathways

Joanne Levin
Qld Operations Manager

Debbie Maclean
CEO/DCS Townsville Private Clinic

An informal discussion with the CEO designed to inform GPs about available services and programs, while also gathering feedback to enhance patient care.

**Limited Spaces Available.
First come, first served.**

The evening includes a three-course educational dinner & refreshments.

RACGP CPD Approved Activity		
Educational Activities	Reviewing Performance	Measuring Outcomes
01	02	02
hours	hours	hours

Pending RACGP approval.

RSVP

Please RSVP
before
8 October 2024
via our QR Code



For more information, contact:
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