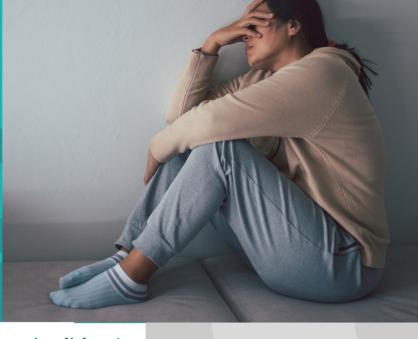
## Mood and Mind Medley Rotating Dinner Discussions



**Thursday, October 10 2024** (5.30pm arrival) 6.00pm - 9.15PM



**Jam** 1 Palmer Street, South <u>Townsville</u>



Aurora Townsville Private Clinic invite you to join us for an evening of informal rotational dinner discussions. Bring along your challenging case studies for interactive discussions and collaborative learning.

## **Topics and Presenters**



The Invisible Wounds: Addressing Depression and Anxiety in the Defence Force and First Responder Communities

Dr Jane Hay Psychiatrist

**Learning Objective:** Identify the mental health needs of military personnel, focusing on evidence-based strategies to enhance resilience and effectively manage conditions such as PTSD, depression, and anxiety



The Silent Struggle: Understanding Anxiety and Depression During Perimenopause

Dr Katie Boles Psychiatrist

**Learning Objective:** Identify and understand the unique psychological and physiological challenges associated with anxiety and depression during perimenopause.



Treatment Resistant Depression and the role of Transcranial Magnetic Stimulation (rTMS)

Dr lan Thorburn Psychiatrist

**Learning Objective:** Discuss when depression may be Treatment-Resistant (TRD) and understand the role of Transcranial Magnetic Stimulation (TMS) and when patients could benefit.

Private Mental Health Care: Inpatient, Day Programs & WorkCover Referral Pathways

Joanne Levin Qld Operations Manager

Debbie Maclean CEO/DCS Townsville Private Clinic

An informal discussion with the CEO designed to inform GPs about available services and programs, while also gathering feedback to enhance patient care.

## **Limited Spaces Available. First come, first served.**

The evening includes a threecourse educational dinner & refreshments.



Pending RACGP approval.

## **RSVP**

Please RSVP before 8 October 2024 via our QR Code



For more information, contact:
Alix Irby, National Business
Development Manager and GP Liaison
Aurora Health | M: 0431 725 429
E: alix.irby@aurorahealth.com.au

136 Wills Street, Townsville QLD 4810 T 07 4431 1600 F 07 4431 1666 townsville@aurorahealth.com.au townsvilleprivate.com.au

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