

Death Café

Port Douglas Neighbourhood Centre



For community members, service providers, and carers

Breathing life into death....

Port Douglas Neighbourhood Centre, in cooperation with Northern Queensland Primary Health Network invites you to join in celebrating Dying to Know Day. This event provides a safe space to talk about what matters most at end of life.

Many of us will die in a way that is not consistent with our values or preferences, and many of us feel unsure of how to support others who are dying, caring, or grieving. Dying to Know Day aims to change this by activating conversations and building healthy curiosity.

Talking about death does not need to be a scary thing. Death Café is an opportunity to increase awareness and yarn, not a counselling or bereavement session.

Discover more about:

- advance care planning (demonstration and uploading)
- wills and estate planning
- Compassionate Communities
- available helpful resources.

Learn more from a:

- solicitor
- funeral director
- home care provider
- community legal centre
- death doula.

Lunch will be provided.

Date

8 August 2024

Time

10am – 2pm

Where

The Tin Shed - Douglas Community & Sports Club Inc
7 Ashford Avenue,
Port Douglas

Register online for catering purposes

<https://forms.office.com/r/5UHWvNxU3k>



For more information, contact:
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www.nqphn.com.au/events