



Free Suicide Prevention Training

Opening conversations around suicide is vital to increase awareness and help prevent suicide in our communities – but knowing exactly how to do that can be daunting. Over 10 million Australian adults are estimated to know someone who has died by suicide. One in two young people are impacted by suicide by the time they turn 25 and around 8-9 lives are lost by suicide every day.

Wesley Lifeforce Suicide Prevention training educates people about suicide, challenging attitudes and teaches basic engagement and suicide intervention skills.

You will gain increased confidence in your ability to identify people who may be at risk of suicide, communicate appropriately, ask a person if they are considering suicide and conduct a suicide intervention.

Course Date: Monday 15 April 2024

Course Duration: 4.5 hours

Location: **Townsville & Thuringowa RSL Club**
139 Charters Towers Road
Hermit Park, QLD 4812

Trainer: Maria Krohn

Cost: Free

Apply Today: [Scan QR code or click here to register.](#)



This program is accredited with Quality Innovation Performance Limited (QIP), assessed against the Suicide Prevention Australia Standards for Quality Improvement.