

Greater Choice for At Home Palliative Care

The overall aim of this activity is to increase awareness of, and facilitate and coordinate access to, safe and quality palliative and end of life care at home across the NQPHN catchment.

Consumer

Palliative Care Australia

The national palliative care website has a broad number of resources in one place.

palliativecare.org.au

Palliative Care Queensland

The Queensland website has information related to services, support and resources in the state.

palliativecareqld.org.au

Queensland Government

Care at the end of life resources for consumer and families

qld.gov.au/health/support/end-of-life

Gwandalan

Supporting Palliative Care for Aboriginal and Torres Strait Islander Communities

gwandalanpalliativecare.com.au

CarerHelp

CarerHelp has pathways and a library of resources for carers of a dying person.

carerhelp.com.au

PalAssist

Palliative Care support & advice for consumer and families

Open 7 days a week, 7am - 7pm

Email info@palassist.org.au

Phone 1800 772 273

palassist.org.au

Advanced Care Planning Australia

Advanced care planning is thinking about and documenting your preferences for future health care. It prepares you and others for a time when you may no longer be able to communicate those decision.

advancecareplanning.org.au

My Care, My Choices

The Statewide Office of Advance Care Planning

metrosouth.health.qld.gov.au/acp/about-us

CareSearch Palliative Care Knowledge Network

Palliative care evidence and tools for health professionals and information about death and dying for the whole community

caresearch.com.au



NQPHN acknowledges the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. We also pay our respect to their Elders past, present, and emerging as the custodians of knowledge and lore.



Bereavement Support

The bereavement resources provide useful information about preparing for the end of life of an adult family member or friend; what to do after someone dies; grief and loss; caring for self and others; a checklist of suggested tasks; and a comprehensive list of support services.

clinicalexcellence.qld.gov.au/priority-areas/service-improvement/improving-care-end-life-queensland/resources/bereavement-support

Residential Aged Care Grief and loss booklet Flinders University resource that is very popular as large print and evidence based.

[Download here](#)

Health professionals

Palliative Care Australia

The national palliative care website has a broad number of resources in one place.

palliativecare.org.au

Palliative Care Queensland

The Queensland website has information related to services, support and resources in the state.

palliativecareqld.org.au

PalConsult

Specialist Consult service for the whole of Qld to support GP and other health professionals working with palliative care and end of life care clients.

metrosouth.health.qld.gov.au/pallconsult

1300 725 537 (1300 PALLDR*)

24/7 palliative care advice hotline for doctors, nurse practitioners, paramedics & pharmacists.

1300 725 527 (1300 PALLCR*)

24/7 hotline for nurses and allied health in all care environments.

PalliAGED

PalliAGED is an excellent resource for use in aged care settings

palliaged.com.au/tabid/4351/Default.aspx

ELDAC – End of Life Direction for Aged Care

ELDAC provides information, guidance, and resources to health professionals and aged care workers to support palliative care and advance care planning to improve the care of older Australians.

eldac.com.au

End of Life Law for Clinicians

ELLC provides accurate and practical information to assist and navigate the challenging legal issues that can arise with end of life decision-making. It is a broad introduction to end-of-life laws in each Australian State and Territory to help you know the law, and your rights and duties.

palliativecareeducation.com.au/course/index.php?categoryid=5

CareSearch Palliative Care Knowledge Network

Australian Government Department of Health website contains multiple links to information for health professionals

metrosouth.health.qld.gov.au/pallconsult

Centre for Palliative Care and Research and Education (CPCRE)

Qld Health centre improving links between research and practice, information to support delivery of service and develop capacity of the palliative care workforce

health.qld.gov.au/cpcpre

PaCE App

The PaCE app which is a resource directory for educators and aged care providers. Access relevant palliative care education direct to your device. Includes ACPA, Gwanadalan, PCC4U, AHHA, TEL.

pace.org.au

Talking End of Life with a person with a disability (TEL)

TEL is a great resource of information to help with caring for someone with an intellectual disability at the end of life.

caresearch.com.au/tel/tabid/4658/Default.aspx

The Advance Project

Better aged and primary care through team-based initiation of advance care planning and palliative care.

theadvanceproject.com.au

SPaRTa

Specialist Palliative Rural Telehealth service provided by Queensland Health. This is a clinical support service. Patients and family members can arrange a telehealth consultation in rural and remote areas through your GP or community nurse.

Cairns (Cape and Torres use this service)

Phone 07 4226 6475

Email CHHHS_CaRS_SPaRTa@health.qld.gov.au

Townsville (Mackay region use this service)

(Rural and remote specialist telehealth from Mackay to Mt Isa to Cardwell)

Phone 07 4433 7423

Email tsvruralpallcare@health.qld.gov.au

Residential Aged Care Facilities: SPACE

Residential Aged Care Facilities: SPACE – Specialised Palliative Care in Aged Care provided by Queensland Health and your local Hospital and Health Service. Specialist Palliative Care service that supports RACF's by doing proactive needs rounds and education to staff to increase capacity and decrease hospital transfers to improve equitable access to specialist palliative care in residential aged care.

Local contacts are:

Cairns – Julie Jones

Townsville (Mackay region use this service)

Nadine Laffin

Phone 07 4433 7573

Email THHS-SPACE@health.qld.gov.au

Mackay – Melissa Harris

Cape and Torres (TCHHS Pop Up Palliative Service)

Lynda Mason & Kate Richardson

Phone 0448 619 431

Email TCHHS-PALL-CARE@health.qld.gov.au

Hospital contact details

Cairns and Hinterland Hospital and Health Services

Phone 07 4226 6000

cairns-hinterland.health.qld.gov.au

Townsville Hospital and Health Service

Phone (07) 4433 4242

townsville.health.qld.gov.au/services/palliative-care

Gordonvale Hospital

Offer patient centred palliative care. The main referring hospital is Cairns Hospital.

Phone 07 4043 3100

Email Gordonvale.Hospital@health.qld.gov.au

cairns-hinterland.health.qld.gov.au/hospitals-and-health-centres/gordonvale-hospital

Mackay Hospital and Health Services

Phone (07) 4885 6000

www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/palliative-care/

Mackay Mater Hospital

www.mater.org.au/health/services/mater-cancer-care-centre/our-services/palliative-care

Resources

Palliative care Queensland patient journeys

If you, a family member, or your patient has recently received the challenging diagnosis of a life-limiting illness, you are not alone. Navigating through this uncertain and difficult time can be overwhelming, but Palliative Care Queensland has collated the resources, information, and support needed.

Patient journeys developed by Palliative Care Queensland through funding from NQPHN can be found at the link below.

palliativecareqld.org.au

Caring at Home App and resources

Caring at Home App and resources provides links to symptom management for palliative patients and useful resources for Consumer, Carer and Health Professionals.

Apps for health professionals
caringathomeproject.com.au/Health-Professionals/Apps-for-health-professionals

Standard caring@home resources for carers and families
caringathomeproject.com.au/Family-Carer-Resources/Standard-Resources-for-Carers-and-Families

CarerHelp Videos and Fact Sheets

CarerHelp has a large number of facts sheets to support someone caring for a dying person at home

carerhelp.com.au/Resources/CarerHelp-Knowledge

PalAssist

PalAssist produce a range of resources available to people with a life limiting illness, their families and health professionals involved in their care. The resources are able to be downloaded from our website, with hard copies also available.

resources.palassist.org.au

Videos – Talking End of Life (TEL)

caresearch.com.au/tel/tabid/4659/Default.aspx#TEL

Additional information

Across Australia's 31 Primary Health Networks, there are broad communities of practice that have been established to support the sharing of knowledge and activity at a state and national level.

[Subscribe to our fortnightly NQ Primary Health Update newsletter here](#)

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p: (07) 4034 0300
Level 5, 111 Grafton Street
Cairns, Qld 4870

Townsville
p: (07) 4796 0400
Building 500, Level 3
1 James Cook Drive, Douglas, Qld 4814

Mackay
p: (07) 4963 4400
2/45 Victoria Street (Ground Floor)
Mackay, Qld 4740