

# Mackay Mental Health Symposium

Awareness, Belonging, Connection

**phn**  
NORTHERN QUEENSLAND  
An Australian Government Initiative



To celebrate Mental Health Week 2023 (7-15 October), Mackay Hospital and Health Service (MHHS), together with Northern Queensland Primary Health Network (NQPHN) invite all healthcare professionals to the Mackay Mental Health Symposium.

Every year, Queensland Mental Health Week aims to highlight the importance of individual and community mental health and wellbeing.

This year's theme 'Awareness, Belonging, Connection' shines a spotlight on important factors that contribute to maintaining positive mental health and wellbeing.

Guided by this year's theme, the focus is on:

- » service access points and the complexity of the local mental health care system
- » prescription management in the community
- » Doctors Health in Queensland and how to access support
- » cultural approach to care for First Nations people.

Bursaries will be made available on application for practice nurses and general practitioners (GPs) wishing to travel in from the Isaac and Whitsunday regions.

We recommend GPs self-record for this event for 5.5 CPD hours.

## Workshop details

 Saturday 14 October 2023

 Registration: 8.30am

Program: 8.45am-4.30pm

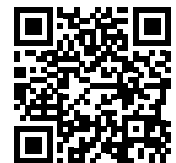
 Mackay Surf Club

Lot 67 East Point Drive, Mackay Harbour

## Register

Visit the link below, or scan the QR code to secure your spot at [www.surveymonkey.com/r/D3DZ9QS](https://www.surveymonkey.com/r/D3DZ9QS)

Registrations close 4pm,  
Friday 13 October 2023.



## Contact

Kayla Vella  
NQPHN Program Officer,  
Workforce Planning and Prioritisation Data and CPD

p: (07) 4963 4455 m: 0488 223 301

e: [kayla.vella@nqphn.com.au](mailto:kayla.vella@nqphn.com.au)



## Mackay Mental Health Symposium

Saturday 14 October 2023 – Mackay

Time	Session	Presenter/facilitator
8.30am	Arrivals, registrations, and trade display	
8.45am-9.15am	Opening and Welcome to Country	Susan Gannon Ruth Azzopardi Philip Kemp
9.15am-10.15am	Innovative ways to delivering Mental Health presented by Deakin University	Bethany McClelland and Paul Hantz (Barwon Health)
10.15am-10.45am	Support to access Balint work for GPs	Dr Andrew Leggett
10.45am-11am	Morning tea break and trade displays	
11am-12pm	Service access points and complexity of the system	Cara McCormack
12pm-12.30pm	Prescription drug management in the community	Pharmacist (to be confirmed)
12.30pm-1pm	INCA platform and Mental Health shared care case study	Precedence Health
1pm-1.30pm	Doctors Health in Queensland	Dr Jennifer Schafer
1.30pm-2.30pm	Lunch break and trade displays	
2.30pm-3.15pm	Cultural approach to working with First Nations clients	Catherine McLaren
3.15pm-4.15pm	Panel discussion Q&A	Dr Elissa Hatherly, Dr Andrew Leggett, Dr Jennifer Schafer, Cara McCormack Pharmacist (to be confirmed)
4.15pm-4.30pm	Final comments	
4.30pm	Event close Drinks and networking	Hosted by North Queensland Rural Training Hub



Queensland  
Government



NQPHN acknowledges the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. We also pay our respect to their Elders past, present, and emerging as the custodians of knowledge and lore.

Current as at Tuesday 5 September 2023.



ISO 9001  
QUALITY

