

GP EDUCATION

Spine tingling

neck and back pain -
how to assess, how to treat



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Cairns Novotel Oasis Resort
122 Lake Street
Cairns QLD 4870



Thursday 19 October 2023
RSVP Monday 16 October 2023



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PROGRAM

6.00pm Registration and dinner

6.30pm Presentations and discussion

Spinal physical assessment and different pain generators

Scott Gill, Exercise Physiologist

Pain generators – how to manage medically, including interventions

Dr Aki Tiwari, *Pain Medicine*

Surgical management of discogenic back pain (degenerative disc disease and disc prolapses of cervical and lumbar spine)

Dr Cameron Downes, *Orthopaedic Surgeon*

8.30pm Evaluation and close

LEARNING OUTCOMES

- Describe the initial assessment of someone with back/neck pain
- Identify the non-surgical management options for lower back pain
- Outline role of surgery for back/neck pain- options, risks, benefits, outcomes

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