



Northern Queensland Primary Health Network

Activity Work Plan

Commonwealth Psychosocial Support

2022/23 – 2025/26



NQPHN acknowledges the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. We also pay our respect to their Elders past, present, and emerging as the custodians of knowledge and lore.



ISO 9001
QUALITY





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Disclaimer

All activities captured in this Activity Work Plan are identified in the Health Needs Assessment conducted by Northern Queensland Primary Health Network and have been approved by the Department of Health and Aged Care.



PAE-1 – Psychosocial access enablers

Activity priorities and description

Program key priority area

Mental Health.

Aim of activity

Commission psychosocial support services to support eligible consumers experiencing severe mental illness through the delivery of person-centred complementary services to enable access focused on:

- supporting personal recovery goals of individuals
- improved social and functional capacity
- increasing a range of appropriate access services.

Description of activity

Northern Queensland Primary Health Network (NQPHN) commissions service providers to deliver evidence-based and person-centred psychosocial support across the northern Queensland region. Specific commissioning will focus on services to meet the needs of rural and remote communities.

Service delivery will include assessment, recovery action planning, crisis planning, and individual and group interventions using a recovery framework. Commissioned services will employ psychosocial support workers to support recovery focused assessment and management.

Access enablers incorporated into commissioned service contracts include service navigation roles, National Disability Insurance Scheme (NDIS) testing, and support for smaller rural areas in the 2022-23 period.

NQPHN will ensure activity objectives are met by engaging providers on a minimum quarterly basis to monitor service deliverables, outcomes, and compliance. Meetings will include the opportunity to:

- obtain project updates, including service provider expansions to communities identified in the contract and scope of works, as relevant
- understand service uptake, access issues, and opportunities for further improvements
- monitor transition activity.



PSD-2 – Psychosocial service delivery

Activity priorities and description

Program key priority area

Mental Health.

Aim of activity

Commission psychosocial support services to support eligible consumers experiencing severe mental illness through the delivery of person-centred complementary services focused on:

- supporting personal recovery goals of individuals
- improved social and functional capabilities
- increasing access to a range of appropriate supports.

Description of activity

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