

Annual Art Exhibition for Mental Health



Mind Australia's 4th Annual Mental Health Art Exhibition is proudly proudly bought to you by Mind Australia and sponsored by Queensland Mental Health Commission. We aim to create a place where people can express themselves through art, celebrate resilience and promote mental health and wellbeing.

We aim to increase awareness of mental health challenges in our community through allowing a safe place for artist to share their story through their art work.

We encourage all people who have a living or lived experience of mental ill-health inclusive of all backgrounds, cultures, sexualities, genders, bodies, ages, spiritualities, and abilities to submit their work by Thursday 21 September 2023 by 4:30pm.

The Exhibition will be open to the public to view and cast votes for their favourite piece. Many prizes to be won!

The Art Exhibition will have an official opening night and a family friendly Queensland Mental Health Week community services expo.

All events are free of charge, family friendly and non-alcoholic events.

To find out information to enter your art piece please contact:

Kristie Bull on (07) 4846 1463 or email Kristie.bull@mindaustralia.org.au

Opening day

Catering, light refreshments, live art workshops including sip and paint (1 hours session 2-3pm), live entertainment, gift bags and more.

Mental Health Expo

Community support services meet and greets, live entertainment, food vendors and free light refreshments, merchandise giveaways, freebies, self-care station, wellness workshops, cultural performances and more. Winners of the Art Exhibition also announced!

Art Exhibition open for viewing & voting

29 September – 10 October 2023

8.30am – 4.30pm

Official Opening event

29 September 2023

2pm – 4pm

Queensland Mental Health Week

Celebration Day

9 October 2023

10am – 2pm (Presentations 11:30am)

Venue

Jubilee Community Exhibition Space
Civic Centre Precinct, Gordon Street
Mackay QLD 4740



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