

PERFECTIONISM IN CHILDREN AND ADOLESCENTS

UNDERSTANDING IT AND STEPS TOWARDS MANAGING IT

This webinar is for health and welfare professionals as well as for teachers and others in educational settings.

The webinar will help the participants recognise when a child or young person may be troubled by perfectionism, develop their understanding of the impact of perfectionism on the lives of children and young people and describe simple, practical steps to assist them both at home and at school.

The webinar will be run by David Cherry, a Clinical and Forensic Psychologist who has been working for over 40 years. David had a private practice as a psychologist for over 25 years during which time he worked extensively with children, young people, and their families as well as working with schools to help support children with behavioural, physical, emotional and/or learning difficulties.

COURSE DETAILS

3 hour webinar via Zoom

TUESDAY 26TH SEPTEMBER 2023

9.30 am to 12.30 pm (AEST)

PRESENTER: David Cherry, Clinical and Forensic Psychologist

[Click here to Register >](#)

WHAT THE COURSE COVERS

- The impact of perfectionism on children and young people
- Common parenting practices that may contribute to perfectionism
- Perfectionism and its association with common mental health difficulties
- How parents and carers can help their child
- Supporting the perfectionistic child/young person in school

FEE: \$198 (inc GST)

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