

# PASSIONATE ABOUT THE PELVIC FLOOR

## Current management of urinary incontinence, pelvic organ prolapse, and other common disorders of the pelvic floor

This **one-day, live interactive online course**, will feature presentations from Australia's leading interdisciplinary experts in this field. Throughout the course, we will delve into case studies, explore the latest evidence-based practice, and discuss key considerations for primary care providers and specialists to manage a range of common pelvic floor disorders. This will enhance your knowledge and skills, enabling you to provide optimal care and support to your patients living with pelvic floor disorders.

### WHO SHOULD PARTICIPATE?

General Practitioners (GP), Gynaecologists, RANZCOG consultants and trainees, Pelvic Floor Physiotherapists, Continence and Urology Nurses, and other health practitioners who support patients with pelvic floor disorders.

### TOPICS

- Stress urinary incontinence
- Overactive bladder
- Urodynamics and its role in urinary tract assessment
- Let's POP the myth of prolapse
- Approach to pelvic pain
- Mesh update
- Recurrent urinary tract infection/Microscopic haematuria
- Bladder pain/Interstitial cystitis
- Obstetric anal sphincter injury (OASI) and perineal trauma
- Advanced practice role and group pelvic floor class (online)
- Phone a friend - resources, education, services, patient info, advice

There will also be an opportunity for you to bring case-studies for further discussion.

### MAIN FACILITATORS

The Monash Pelvic floor unit is one of the leading Australian urogynaecology units. It is truly multidisciplinary and includes subspecialist urogynaecologists, laparoscopic gynaecologist, pelvic pain physician, pelvic floor physiotherapist and specialist continence nurses. The members of this team comprise the faculty and among them have leadership or speaker roles in the International Urogynaecological Association (IUGA), Urogynaecological Society of Australasia (UGSA), Australasian Gynaecology and Endoscopy Surgical Society (AGES), Continence Foundation of Australia (CFA) and the RANZCOG Certificate of Urogynaecology subspecialty committee. They have experience in postgraduate, undergraduate and allied health teaching and collaborate in discovery science research with the Hudson Research Institute. The unit manages these common clinical conditions and provides urodynamic and specialist translabial ultrasound service, perineal, pessary and pelvic pain clinic, advanced physiotherapy clinic in addition to a clinic for mesh affected women. They will share their expertise in managing these disorders, counselling and promoting patient-centred pelvic floor health.

### DATE/TIME (AEST)

Saturday 12 August 2023  
8.30am - 2.30pm

### DELIVERY

Live online. Recordings will be made available to participants for three months after the course.

### CPD/CME

More information available on our website.

### COURSE WEBSITE

[View course information](#)

### REGISTRATION\*

**Early bird rate: \$300**  
(ends on 23 July 2023)

**Standard rate: \$400**  
(ends on 9 August 2023)

Note: Prices include GST. Registrants from Monash University, Monash Health, Monash shared maternity care staff and low-resource countries may be eligible for discounts on the above registration rates. Visit our [website](#) for more information.

### Contact us

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