

Brain and Spinal Cord Injury Project for North Queensland

Education Evening

Date:

Wednesday, 8th March

Time:

7.00pm - 8.00pm

Venue:

Via ZOOM

<https://jcu.zoom.us/j/85496594771>

Passcode: GPLO or 450311

RSVP:

No RSVP required

Contact:

GP Link Team

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The Brain and Spinal Cord Injury (BaSCI) Project at the Townsville University Hospital Rehabilitation Unit is improving access to specialist rehabilitation for individuals with ABI & SCI across North QLD.

Two new Rehab Outpatient Clinics are open to residents across North Queensland:

1. Adult Concussion Clinic - for patients experiencing post-concussive symptoms at or beyond 4 weeks post-concussion (and up to 12 months)
2. Multidisciplinary ABI Review Clinic - Patients with complex ABI can see 3 medical specialties (Rehabilitation, Neurosurgery & Neuropsychiatry) at the same appointment and access intensive rehab from a comprehensive allied health team (Physiotherapy, Occupational Therapy, Speech Pathology, Neuropsychology, Social Work, and an Indigenous Hospital Liaison Officer).

In this GP/Allied Health education session our rehabilitation medical & allied health team will cover the following topics:

- Identification of patients who will benefit from referral to the **Adult Concussion Clinic** and **Multidisciplinary ABI Review Clinic**
- What does comprehensive concussion management look like?
 - How we treat post-concussive impairments: Vision, vestibular, autonomic, musculoskeletal, mood, sleep, & cognitive communication
 - Psychoeducation & improving the individual's relationship with their physical symptoms
 - Activity analysis & structured pacing
 - Graded return to work, study, & sport
- Discussion of patient examples from our clinic and yours
- Q&A