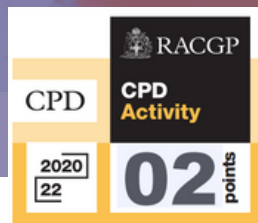




# HOW TO SUPPORT PARENTS WITH STARTING SOLIDS: FOR GENERAL PRACTITIONERS



## DATE AND TIME

Weds 23 November 2022  
7:00-8:00pm

Connecting the Dots is a National Nutrition Service provided to you by Karitane in partnership with the Healthy Beginnings team at Sydney Local Health District.

## ABOUT THIS WEBINAR

### Facilitators:

GP Dr Ranessa Sebastian and Accredited Practicing Dietitian Alex Fili.

### Learning outcomes:

- Key recommendations on the introduction of solids for infants in their first year of life.
- Identify current resources for parents/carers.

### To register:

<https://karitane.com.au/professional-courses>



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A National Nutrition Service  
Provided to you by Karitane and Healthy Beginnings