

# Far North Queensland Multi-Disciplinary Heart Failure Workshop

For healthcare professionals

Join Cairns and Hinterland Heart Failure Service, in collaboration with Northern Queensland Primary Health Network, for a day of learning and discussion.

## Topics:

- latest treatment updates in the management of heart failure
- titration of heart failure medications
- multidisciplinary health care services available for heart failure
- cardiac implantable electronic devices in heart failure.

Presented by Electrophysiologist and Heart Failure Lead, Dr Kevin Ng MBChB, MRCP (UK), FRACP, FHRS, Dr Sean Nguyen (Cardiologist) Bsc (Hons), MBBS, FRACP and the Cairns Hospital Multidisciplinary Heart Failure Team.

*This full day workshop is free to attend.*

## Learning outcomes:

1. identify recent evidence-based changes to international consensus guidelines
2. manage Heart Failure symptoms and disease modification
3. integrate lifestyle and psychosocial factors in a multidisciplinary approach
4. identify cardiac conditioning and its importance in quality of life.

*This activity is pending RACGP approval for 40 CPD activity points.*

## Date

Saturday 22 October 2022

## Time

Registration: 8.30am  
Program: 8.50am–4.30pm

## Where

Innisfail Brothers Leagues Club, Cnr Campbell and Ernest Streets, Innisfail

## Register online

[www.surveymonkey.com/r/GDMNTTB](http://www.surveymonkey.com/r/GDMNTTB)



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[www.nqphn.com.au/events](http://www.nqphn.com.au/events)

# Far North Queensland Multi-Disciplinary Heart Failure Workshop

Cairns Hospital Heart Failure Service

Innisfail Brothers Leagues Club

Saturday 22 October 2022

Time	Topic	Presenter
8.30am	Registration	
8.50am	Welcome	Dr Kevin Ng
9am	Heart Failure in 2022	Dr Kevin Ng
9.30am	Heart Failure with preserved systolic function in 2022	Dr Sean Nguyen
10am	Pharmacotherapy for Heart Failure	Karl McDermott (HF Pharmacist)
10.30am	Morning tea	
11am	Heart Failure Medication Titration	Angie Sutcliffe (HF NP)
11.30am	Cardiac Conditioning and Exercise	Rachel Bowe (HF Physiotherapist)
12pm	Nutrition and Heart Failure	TBA (Dietitian)
12.30pm	Lunch	
1pm	Heart Failure fluid management and lifestyle factors	Natalie Spence & Karyn Greensill (HF Nurses)
1.30pm	Cardiac Implantable Electronic Devices in Heart Failure	Thomas Blennerhassett (Cardiac Scientist)
2pm	Heart Failure and Mental Health	Alan Prince (Psychologist)
2.30pm	Afternoon tea	

## Breakout Session 1: 2.45pm-3.30pm

Heart Failure Case Studies	Medication Up-Titration – tips and tricks	Non-Pharmacological Management of Heart Failure
Dr Kevin Ng & Dr Sean Nguyen	Angie Sutcliffe & Karl McDermott	Natalie Spence, Karyn Greensill, Rachel Bowen & Dietitian

## Breakout Session 2: 3.30pm-4.15pm

Heart Failure Case Studies	Medication Up-Titration – tips and tricks	Non-Pharmacological Management of Heart Failure
Dr Kevin Ng & Dr Sean Nguyen	Angie Sutcliffe & Karl McDermott	Natalie Spence, Karyn Greensill, Rachel Bowen & Dietitian