Showcasing Psychology in FNQ:

Professional Integration and Innovation

2 Day Conference over two weekends (6 days) at The Benson, Cairns

Morning/Afternoon Tea and Lunch provided

Sunday 14th and Saturday 20th August

Conference Program;

DAY 1

Sunday 14th August 8.15am – 5:00pm

7.45am	Registration opens
8.15 am	Acknowledgement/Welcome to Country and Conference Opening
8.30-9.30am	KEYNOTE 1 – Associate Professor Ajay Macharouthu, Psychiatrist. The benefits of Integration & Collaboration of services: Focus on older Australians.
9.30-10.00 am	MORNING TEA
10.00-10.20am	Dr Jens Gaarslev, Psychiatrist and Dr Claire King, Psychiatrist. Transcranial Magnetic Stimulation for depression and other conditions in our service in North Queensland.
10.20-10.50am	Dr Kim Forrest, Neurologist. Our current view of FND: Important treatment principles.
10.50-11.00am	Sophie Morris, Physiotherapist. Establishment of a FND Interest group and a community MDT service.
11.00-11.10am	Hugh Woolford, Clinical Psychologist. Working with FND (Conversion Disorder): Two case studies.
11.10-11.35am	Dr Rachel Gleave, Clinical Psychologist. Animal-Assisted Therapy in Private Practice: Initial Observations and Future Directions.
11.35-12.00pm	Dr Akiko Murakami, Clinical Psychologist. An update on pain management in FNQ: What is going well and what is needed.
12.00-12.15pm	PANEL DISCUSSION
12.15-1.30pm	LUNCH and NETWORKING

1.30-2.30pm KEYNOTE 2 – Dr Liam Connor, Clinical Psychologist.

The Case Of The Soldier Who Failed To Return: Reflections on Psychodynamic

Psychotherapy with Combat Veterans.

A Speed Date with Schema Therapy.

2.30-2.45pm

AFTERNOON TEA

The following 2-hour session of six presentations will provide an overview of current trauma-informed therapies. A panel discussion with all presenters will follow;

2.45-3.00pm	Simone Fischer, Psychologist. ACT: Flexible and synergistic with other therapies.
3.00-3.15pm	Karen Dow, Psychologist. EMDR: The establishment of successful practice.
3.15-3.30pm	Cristina Giai Coletti, Clinical Psychologist. Ego State: An overview of how it works in practice.
3.30-3.45pm	Dr Cheryl Cornelius, Clinical Psychologist. Compassion Focused Therapy.
3.45-4.00pm	Laura Love, Psychologist. Clinical Emotional Freedom Techniques (EFT): An Overview of the Evidence.
4.00-4.15pm	Dr Kerry Francis, Clinical Psychologist.

Schema therapy (ST) is an integrative approach that brings together elements from cognitive behavioural therapy, attachment and object relations theories, and Gestalt and experiential therapies. It is designed to address unmet emotional needs and to help clients break these patterns of thinking, feeling, and behaving, which are often tenacious, and to develop healthier alternatives to replace them. Schema therapy accomplishes these lofty aims through use of traditional cognitive and behavioural techniques but where it really shines is incorporating more experiential-emotional and interpersonal techniques. It is highly experiential in nature, making use of limited reparenting, imagery rescripting and chairwork to process emotional wounds and create conditions for healing.

4.15-4.45pm

PANEL DISCUSSION

4.45-5:00pm

DAY 1 CLOSE

DAY 2

Saturday 20th August 8.15am – 5:00pm

7.45am Registration opens

8.15 am Acknowledgement/Welcome to Country and Conference Opening

8.30-9.30am KEYNOTE 1 – Professor Eddy Strivens, Geriatrician.

Inter-Professional Community-based Research in Far North Queensland: How to

Redress Inequity.

10.00-10.20am Dr Sarah Russell PhD and Rachel Quigley Physiotherapist and PhD Candidate.

Turning clinical gaps into research realities: Innovative ideas from the Torres Strait.

Clinicians frequently identify gaps in clinical service delivery that are frustrating and can limit how they are able to deliver care. Trying to address these issues can appear daunting and beyond the scope of an individual clinician working within a health system. Clinicians may also believe they do not have the capability to effect change or have sufficient research skills, as they are not employed as a researcher within a traditional university role. However, this presentation demonstrates how a team of clinicians (Healthy Ageing Research Team) have worked outside the traditional university system to develop a body of research knowledge and address identified clinical problems. This presentation will provide examples of a couple of current projects to demonstrate how this approach can result in the development of novel interventions and assessment tools, scientific evidence for further service improvements and funding of new services.

10.20-10.40am Bernadette Rogerson, Clinical Psychologist Registrar and PhD candidate.

The withdrawal symptoms of Aboriginal people from marijuana (PhD research).

10.40-11.00am Jack Menges, PhD candidate.

Warriors helping Warriors - Evaluation of an Intervention aimed to reduce violence

in a remote community (PhD research).

11.00-12.00pm **KEYNOTE 2** – Dr Ernest Hunter, Psychiatrist.

Reef Madness: Digging up the dirt around early 20th century representations of

Indigenous Australians.

For a generation Ion Idriess was Australia's most popular author and *Lasseter's Last Ride* was his first success and birthed a quintessentially Australian myth. Many of Idriess' books rely on descriptions of Indigenous peoples and practices and in *Lasseter's Last Ride* – which Idriess insisted was an accurate account of a failed prospecting expedition – he used quasi-ethnographic descriptions of traditional Aboriginal ways as central plot devices, drawing on existing tropes to capture the popular imagination about remote Central Australia – which he had never visited. In this talk popular representations of Indigenous Australians in the decades before and following the Second World War are presented to demonstrate how Idriess – and others – commodified a primitive exotic in an era before television drew the public gaze elsewhere.

12.00-12.15pm

PANEL DISCUSSION

12.15-1.30pm LUNCH and NETWORKING

1.30-2.30pm **KEYNOTE 3** – Luke Fraser, Senior Psychologist and Operations Manager for Child and Youth Mental Health Services and MHATODS.

An update on Child Services since the onset of Covid and what is planned post-Covid Overview of Child services post covid: New developments and what is needed. Important to note in this session, how difficult it is to treat disadvantaged youngsters and how to important it is to modify therapies to work therapeutically with them.

2.30-2.45pm

AFTERNOON TEA

The following 2-hour session of three presentations will be followed by a panel discussion with all presenters.

2.45-3.15pm Suzannah Jackson Mpsych (Clin) and Tracey Edwards BSW Social Work.

The establishment and successful implementation of a free comprehensive DBT Service that will soon be introduced into an Educational system: possibly two Australian firsts.

3.15-3.45pm Dr Leeana Kent, PhD.

Early attachment: Just how important it is?

3.45-4.15pm Rachel Pearce MSc/BCBA/MAAP (PhD Candidate).

Establishing a successful private practice supporting autistic children and adolescents: Future directions.

4.15-4.45pm

PANEL DISCUSSION

4.45-5:00pm

FEEDBACK and CONFERENCE CLOSE.