



DEEP DIVE INTO DYSPAREUNIA:

A multidisciplinary workshop on sexual pain

Sexual pain is one of the most commonly experienced sexual difficulties. This interactive 1-day online workshop will gather a multidisciplinary team of experts to discuss, in detail, the assessment and management of dyspareunia. It will include presentations as well as interactive case-based discussions inclusive of diversity of gender, sexual orientation, culture and clinical features.

WHO SHOULD PARTICIPATE?

General practitioners, obstetricians and gynaecologists, sexual health and sexual medicine practitioners, pain specialists, physiotherapists, nurse practitioners, psychologists, psychotherapists, sexologists, sex or relationship therapists, and any interested health practitioners, trainees or students.

TOPICS

- A biopsychosocial approach to assessing and managing sexual pain
- Delve deeper: Gynaecological management of dyspareunia
- Skin deep: What to do about vulval pathology leading to painful sex
- Connection matters: Mind/body connection and impact of interpersonal factors
- The physiotherapist's role: So much more than muscles
- A pain specialist's approach to sexual pain
- Trauma as the root cause: Psychological treatment and trauma informed care

SPEAKERS

- Dr Sarah Ashton BA Psych (Hons), PhD (Preventive Medicine). MAPS - Director & Principal Psychologist, Sexual Health and Intimacy Psychological Services.
- Dr Tanya Bohl MBBS FACD Gynaecological Dermatologist. Vulval Clinic, Jean Hailes Foundation, private practice in Warragul.
- Dr Felicity Dent MBBS, FRACGP, CSCT, Cert Sexual & Reproductive Health. Specialist Women's Health General Practitioner, Inner Western Melbourne.
- Dr Megan Eddy MBBS B Physio(Hons) FRACGP FFPANZCA. Specialist Pain Medicine Physician, private practice - Western Pain Group.
- Dr Anita Elias MBBS FECSM FASPM. Head, Sexual Medicine & Therapy Clinic Monash Health, Monash University, Malvern Psychotherapy Centre.
- Shan Morrison BAppSc(Phty), PostGradCert(Pelvic Floor), FACP. Director, Women's & Men's Health Physiotherapy.
- Dr Desiree Yap AM MBBS FRANZCOG FRCOG MPHTM. Gynaecologist, Monash Health, The Royal Women's Hospital, Empower Women's Health.

DATE

6 August 2022 (AEST)

DELIVERY

Online - Live sessions. Recordings will be available for three months.

CPD/CME

- RACGP
- RANZCOG
- PACFA

Visit our website for more information.

COURSE WEBSITE

bit.ly/og-courses

REGISTRATION*

Early bird (ends on 21 July 2022)
Health professionals: \$300
Monash Health/University staff: \$250
Students: \$200

Standard

Health professionals: \$350
Monash Health/University staff: \$300
Students: \$250
**Prices in AUD (incl. GST).*

Contact us

Short Courses, Department of
Obstetrics and Gynaecology
T: +61 3 9594 5145 | 8572 2385
med.ob.gyn.courses@monash.edu