



Veterans Line (Free call 24/7): 1800 011 046

Eligibility:

- ☐ Current Australian Defence Force (ADF) member
☐ Ex-ADF ☐ Reservist ☐ Family member of ADF

Referring Health/Medical Professional's Details

Name: Profession:

Contact number:

Organisation:

Client Details

Name:

Best contact details:

Has client consented to VVCS contacting them? ☐ Yes, permission given

Do you require feedback from VVCS? ☐ Yes, client permission given. ☐ No

Presenting Issue/s

- | | | |
|--|---------------------------------------|--|
| <input type="checkbox"/> New diagnosis | <input type="checkbox"/> Financial | <input type="checkbox"/> Relationship |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> AODs |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Sleep | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Chronic | <input type="checkbox"/> Carer stress | <input type="checkbox"/> Health wellness |
| <input type="checkbox"/> Grief Loss | <input type="checkbox"/> DV | |
| <input type="checkbox"/> Stress | <input type="checkbox"/> Housing | |

Other significant presenting issues:

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Recommendation

- ☐ Case management ☐ Peer support ☐ Group program
☐ Counselling (individual/couple/family)

Please fax to (07) 4723 9149 or email vvcsnorthqld@dva.gov.au



VVCS is a free and confidential, counselling and support for current and ex-serving members of the Australian Defence Forces and for their family.

After-Hours Crisis Counselling: 24/7 1800 011 046.

Counselling: VVCS professional counsellors have an understanding of veteran and military culture .

Case Management: support to coordinate care for clients with complex needs.

Peer Support: VVCS Peer Advisors have been in the Australian military and understand the psychological challenges that can be uniquely associated with that experience.

Group Programs: Our group calendar is available on the VVCS website: www.vvcs.gov.au. The group workshop program generally includes:

Beating the Blues	Managing Anxiety	Understanding PTSD	Operation Life (ASIST and SAFE Talk)
Psychological Pain Management	Doing Anger Differently	Sleeping Better	Peer Mentor Skills Training
Relaxation	123 Magic Parenting Skills	Stepping Out	Peer Support Network
Building Better Relationships	Residential Lifestyle Management	Understanding PTSD for Partners and Carers	

- **Townsville:** Nathan Business Centre, 340 Ross River Road, Cranbrook (Opposite Stockland Myer and Stockland K-Mart).
- **Cairns:** Boland Centre, 14 Spence Street, Cairns.