

VIRTUAL WEBINAR VIA ZOOM:

# PRACTICAL GUIDELINES TO TREATING GOUT

---

IN 2021

Presented by Dr Michelle Tellus

Wednesday,  
27 October 2021  
6.30 pm – 7.30 pm AEST



VIRTUAL WEBINAR VIA ZOOM:

# PRACTICAL GUIDELINES TO TREATING GOUT

IN 2021

Gout is the most common inflammatory arthritis among men, and is often under-appreciated. It is associated with multiple significant comorbidities and functional disability. Despite widely available and effective pharmacotherapy, management of gout remains sub-optimal.<sup>1</sup>

This patient-centric, case-based presentation shines a light on the challenges faced in the diagnosis and treatment of gout. Exploring current guidelines, and the lack of consensus therein, this presentation highlights the pivotal role general practitioners play in the contemporary management of gout and in improving patient outcomes.

## Agenda

Wednesday, 27 October | 6.30 – 7.30 pm AEST

6.30 pm	Welcome and introduction	
6.30 pm – 7.15 pm	Practical guidelines to treating gout in 2021	Dr Michelle Tellus
7.15 pm – 7.30 pm	Open forum Questions & answers	Dr Michelle Tellus
7.30 pm	Meeting close	

## RSVP

RSVP closes Monday, 25 October

Scan the QR code or click the link below to RSVP.

[Practical guidelines to treating gout in 2021](#)

This is a virtual webinar via Zoom.

Meeting access link will be emailed to you upon RSVP.

For any queries, please contact your Menarini Sales Representative or [info.australia@menariniapac.com](mailto:info.australia@menariniapac.com)





## Speaker

### **Dr Michelle Tellus** **Rheumatologist – Hawthorn, Victoria**

Michelle is a full-time rheumatologist practising in Hawthorn, Victoria. She completed her studies in medicine and graduated from The University of Melbourne in 1984. Michelle trained as a medical resident and registrar at St Vincent's hospital Fitzroy, where she succeeded in obtaining her fellowship with the Royal Australasian College of Physicians in 1993. Michelle has worked previously at The Royal Melbourne Hospital Bone and Mineral Unit as a clinical assistant and has conducted research at the Royal Children's hospital in the area of juvenile rheumatoid arthritis.

Michelle has been involved in teaching medical students and giving educational lectures to GPs and specialists over the years. Michelle treats patients with rheumatoid arthritis, psoriatic arthritis and ankylosing spondylitis incorporating DMARD and biological therapies where indicated. Her experience in the use of cytokine targeted therapy to 'Treat to Target' has given her insight into the impact of these treatments to reduce inflammation and pain associated with these debilitating conditions.

Michelle's interests focus on osteoporosis and the rheumatic diseases, their treatments and improving functional outcomes for her patients. She is currently a consultant at St. Vincent's Private Hospital in East Melbourne and Fitzroy, and at Warringal Private Hospital.

Together with her husband, Dr Christopher Worsnop, they have three adult children, a two-year-old grandson and a five-year-old grandson. Michelle enjoys looking after her grandchildren, gardening, shopping and travelling the world again when it is COVID-safe!

**Privacy statement:** Menarini Australia acknowledges and respects the privacy of individuals. Your personal information will be used and disclosed for the purpose of providing you with the services you have requests, as permitted by the Australian Privacy Act (Cth) and as set out in the Menarini Australia Privacy Policy, which is accessible at [www.menarini.com.au/privacy](http://www.menarini.com.au/privacy). If you would like to access, update or correct your information, you should contact the Menarini Privacy Officer at [privacy.officer@menariniapac.com](mailto:privacy.officer@menariniapac.com). If you not want to receive further information from Menarini Australia, or if you have any questions about Menarini Australia's approach to privacy, please contact our Privacy Officer, [privacy.officer@menariniapac.com](mailto:privacy.officer@menariniapac.com)

In accordance with Medicines Australia Code of Conduct, this meeting is for healthcare professionals only. No hospitality will be provided to attendees.

**Reference: 1.** Rogenmoser, S. Chronic Gout: Barriers to effective management. Aust J Gen Pract. 2018 Jun;47(6):351-356.



**A. Menarini Australia Pty Ltd** ABN 62 116 935 758  
Level 8, 67 Albert Avenue, Chatswood NSW 2067 | Tel: 02 9080 7200  
FD21733 ADE-AU-1607 Prepared: Aug 2021. Meeting: CSE-ADE-AU-1029