Science. Compassion. Action

Multidisciplinary Program

Perinatal in Practice

Scan to register

Audience

GP Registrars;
GPs; Psychologists;
Social Workers;
Nurses; Midwife

Duration & Format

6-hours face to face,
(plus morning tea, lunch
and afternoon tea)

Topics

Topic 1
Transition to Parenthood
Topic 2
Understanding Attachment
Topic 3
Screening & Diagnosis
Topic 4
Postnatal Management
Topic 5
Antenatal Management

Time, Location and Cost?

11 Sept 2021
9am - 5pm
Townsville, QLD (TBC)
$50 incl. GST
Subsidised by a grant

Description

This workshop aims to introduce health professionals to the current understanding of perinatal mood disorders and its management, using lecture, case studies and interactive exercises.

Learning Outcomes

- Recognise the psychosocial stressors that commonly affect parents in the perinatal period.
- Opportunistically screen women for perinatal mood disorders using a screening tool and clinical interview.
- Diagnose perinatal mood disorders as distinct from commonly experienced adjustment difficulties.
- Assess the risk of untreated perinatal depression for the mother-baby dyad.
- Select appropriate medications for pregnant and breastfeeding women when pharmacological treatment is indicated.
- Develop a comprehensive management plan using a MHTP for women with perinatal mood disorders.

Accreditation

- RACGP: 40 Accredited CPD Activity Points (GPs)
- ACRRM: 3PDP - 3 Performance Review, 5 Educational Activity points, 1 MOPS point
- GPMHSC: Mental Health Skills Training (GPs)
- Women's Health activity
- 6 hours CPD (Psychologists)

Register **online** or at education@blackdog.org.au

Black Dog Institute