

## Mental Health Skills Training – Level 1

The workshop is designed to be practical and interactive and to build on participants existing knowledge and skills.

The program has been developed with a strong consumer and carer focus to enable participants to further develop their understanding of the perspectives of people who have a lived experience of mental illness and the carers and family who support them.



GPs who complete this training will be able to claim MBS item numbers 2715 and 2717 for the preparation of General Practice Mental Health Treatment Plans (GPMHTPs)

### Duration: Eight-hours

# Style:

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An Australian Government Initiative

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Four by two-hour online eLearning Zoom workshops

#### Dates:

- Session 1 Monday 8 February 2021
- Session 2 Thursday 11 February 2021
- Session 3 Monday 15 February 2021
- Session 4 Monday 22 February 2021

### Time: 5.30 pm to 7.30 pm

Please note you must attend all four sessions to complete the training.

The program is fully funded by WQPHN and NQPHN and there is no cost to participants.



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