

# Free Professional Development

## Culture, Health and Wellbeing

### Date

FRIDAY 20 Nov 2020

### Time

09:30am to 12:30pm

### Venue

Cairns Regional Council

Boardroom

119—145 Spence St

Cairns

### RSVP

Friday 13 Nov 2020

Marcela

[mas.peninsula@diversicare.com.au](mailto:mas.peninsula@diversicare.com.au)

(Limited places due to COVID-19)

Tea & coffee provided



### Workshop Objectives:

- Explore how culture affects our perceptions on health and wellbeing
- Discuss the impact of high and low context cultures on health beliefs
- Discuss how restorative approach supports CALD consumers
- Explore the dimensions of wellbeing
- Learn strategies to deliver effective culturally sensitive enablement programs to your CALD consumers

### Presented by

Marcela Fischer

Multicultural Advisor

Multicultural Advisory Service (MAS) Diversicare

[www.diversicare.com.au](http://www.diversicare.com.au)



The Diversicare Multicultural Advisory Service is supported by funding from the Australian Government under the Commonwealth Home Support Programme. Visit the Department of Health website ([www.health.gov.au](http://www.health.gov.au)) for more information.