



8.30am - 10.30am		<b>FORUM OPENING</b>			
Room	Virtual Plenary Room				
8.30am - 8.40am	Welcome to Country				
8.40am - 8.50am	Welcome from CEO of Occupational Therapy Australia				
8.50am - 9.00am	Welcome from the Co-Convenors of the Mental Health Forum				
9.00am - 9.45am	<b>Keynote Presentation - Carolynne White</b>				
9.45am - 10.30am	<b>Keynote Presentation - Maggie Toko</b>				
10.30am - 11.10am		<b>Morning Break</b>			
11.10am - 12.50pm		<b>CONCURRENT SESSION 1</b>			
	<b>STREAM A:</b> Sensory / Private Practice/NDIS	<b>STREAM B:</b> Paediatrics/Adolescent MH / Framework	<b>STREAM C:</b> Occupational therapy, group work, practice frames and culture	<b>STREAM D:</b> Assessment / Forensic	
Room	Virtual Plenary Room	Virtual Room 2	Virtual Room 3	Virtual Room 4	
11.10am - 11.22am	Use of sensory approaches in Australian mental health settings: A survey of experiences and interventions  Rachael Rolla	Internal and external factors influencing carers' ability to support their child with an eating disorder: What the PEOP teaches us  Genevieve Pepin	Arts on our Mind: Preliminary Report of a pilot group using creative activities to promote mental wellbeing in children of families with a mental illness  Adam Lo	What is the relationship between Allen's Cognitive Level Screen and functioning of adults living with a mental illness?  Kylie Stewart	
11.22am - 11.34am	The Hyperacute Occupational Therapy Team; Changing times for changing needs  Julie Bohan	When Batman was in a car accident and had to go to Hospital" Story writing with Aboriginal children in remote regional NSW  Sally Brown	Evaluating Groups and Activity: An Evaluation Tool for Adult Acute Psychiatry  Jodie Swan	The Occupational Being Status Scale (OBSS): Validity, reliability and applicability  Danielle Hitch	
11.34am - 11.46am	Improving The Use of Sensory Interventions in Psychiatric Units: A survey of mental health staff  Lisa Wright	Connecting with data to create change in occupational therapy practice for young people presenting with Autism Spectrum Disorder within Child and Youth Mental Health context  Laura Scott	Breakfast groups on mental health wards to encourage cognitive strategy use and maintain meal preparation skills  Dominica Lovisa	An international survey: Feasibility of the Recovery Assessment Scale – Domains and Stages (RAS-DS) in everyday mental health practice  Shivani Ramesh	
11.46am - 11.56am		<b>STRETCH AND REFRESH BREAK</b>			
11.56am - 12.08pm	A Systematic review of effects of sensorimotor religious/spiritual practices on mental health outcomes  Shikha Olickal	How understanding adolescent brain development can refocus service provision: Practical approaches for clinicians  Sarah Falconbridge	Consumers' perspectives on housing related delayed discharge from inpatient psychiatric units  Christina Chuah	Care planning through an occupational lens: Development of a care planning prompt tool for occupational therapists working in mental health settings  Alisha Olds	
12.08pm - 12.20pm	Tips and tricks to get better outcomes for consumers in the National Disability Insurance Scheme  Tania Nicholls	The implementation and impact of the Therapy Capability Framework in a large publicly funded mental health service  Geoffrey Lau	Hopefulness in Homelessness: Seeing Capacity in "Survival Occupations"  Naomi Parkes	Occupational therapists' experiences using the Model of Human Occupation in forensic mental health  Julia Taylor	
12.20pm - 12.32pm	NDIS Specialist Support Coordination: Challenges and opportunities for Occupational Therapists working with clients with extremely complex psychosocial needs  Lucy O'Hanlon		Understanding homelessness and psychosocial disability from an occupational justice perspective: An interactive, simulated experience of life on the streets. What can occupational therapy offer?  Muriel Cummins and Aoife Pollins	Working together through the window- The balance in remaining occupationally focused and accommodating practice in response to environmental barriers  Charlotte Mills	
12.32pm - 12.50pm		<b>Q&amp;A</b>		<b>Q&amp;A</b>	

12.50pm - 1.45pm	Lunch			
1.45pm - 3.25pm	CONCURRENT SESSION 2			
	STREAM A:	STREAM B:	STREAM C:	STREAM D:
	Lived Experience / Homelessness	Technology and Occupational Therapy	Early Psychosis / employment / leisure	Occupation Stations
Room	Virtual Plenary Room	Virtual Room 2	Virtual Room 3	Virtual Room 4
1.45pm - 1.57pm	Lifeworld and cultural humility: frameworks to preserve the humanistic roots of occupational therapy and nurture the complexity and richness of our practice in mental health  <b>Silvana Izzo</b>	Use of information and communication technology by occupational therapists in mental health practice: a qualitative study  <b>Zoe McInnes</b>	The importance of person-centred functional rehabilitation in early psychosis treatment  <b>Evangeline Hopkinson</b>	The mindful occupational therapist: An Occupation Station of mindfulness skills training and experience (1.45pm - 2.15pm)
1.57pm - 2.09pm	An occupational lens does not automatically equate to a recovery-oriented lens – a pivot to hope and meaning is needed  <b>Nicola Hancock</b>	“Using Digital Interventions to Increase Access to Mental Health Services”  <b>Rheza Tan</b>	Comorbid grief and psychosis experienced by young people – how can occupational therapists support recovery?  <b>Evangeline Hopkinson</b>	
2.09pm - 2.21pm	Occupational Therapy ‘Knowledge Exchange’ and Practice Placements for students in Mental Health in Queensland  <b>Alexandra Pullen</b>	Evaluating the usefulness and effectiveness of interactive smart boards in an in-patient mental health setting: a quality improvement project  <b>Zac Shparberg</b>	Occupational participation influences adjustment and mental health and well-being during the transition from military service  <b>Kylie Carra</b>	
2.15pm - 2.45pm	STRETCH AND REFRESH BREAK			A 2020 Vision: Interactive workshop exploring current strengths, challenges and opportunities for mental health occupational therapists providing services through the National Disability Insurance Scheme (2.15pm - 2.45pm)
2.21pm - 2.31pm	Unheard voices in the National Disability Insurance Scheme: how we are using clinician and consumer experience to inform and advocate for systemic change.  <b>Tania Nicholls</b>	‘Riding the Wave’: Developing and Delivering a Telehealth Group Program in the time of COVID-19  <b>Lisa Greene</b>	Create: Showcasing a vocational program within an area mental health service and its impact on identity and belonging among participants  <b>Natasha Tudor</b>	
2.31pm - 2.43pm	How can occupational therapists be supported to bring their experiential knowledge to the mental health workplace?  <b>Alicia King</b>	Enhancing inclusive mental health care for lesbian, gay, bisexual, transgender, intersex and queer communities, from multicultural, spiritual and faith based communities via transmedia storytelling  <b>Silvana Izzo</b>	“It takes a village”: thrive after cancer. How OT skills navigate trauma and cognitive issues through collaboration and recognise employment is a key health outcome  <b>Alice Fung</b>	
2.43pm - 2.55pm	How can occupational therapists be supported to bring their experiential knowledge to the mental health workplace?  <b>Alicia King</b>	Enhancing inclusive mental health care for lesbian, gay, bisexual, transgender, intersex and queer communities, from multicultural, spiritual and faith based communities via transmedia storytelling  <b>Silvana Izzo</b>	“It takes a village”: thrive after cancer. How OT skills navigate trauma and cognitive issues through collaboration and recognise employment is a key health outcome  <b>Alice Fung</b>	A hands-on learning experience: Facilitating diaphragmatic breathing patterns to support calmness and social engagement (2.45pm - 3.15pm)
2.55pm - 3.07pm	“No longer the specimen in the room”: Using lived experience to enhance learning  <b>Tracey Parnell</b>	Using Photovoice to explore Women’s Experiences of a Women Only Prevention and Recovery Care Service in Australia  <b>Karen Dixon</b>	#Leisure: A contemporary review of leisure as salutogenic  <b>Jessica Levick</b>	
3.07pm - 3.25pm	Q&A		Q&A	
3.25pm - 3.55pm	Afternoon Break			
3.55pm - 4.45pm	CLOSING SESSION			
	Virtual Plenary Room			
3.55pm - 4.40pm	Keynote - Betty Kitchener			
4.40pm - 4.55pm	Closing Remarks			
4.55pm	Social Drinks			